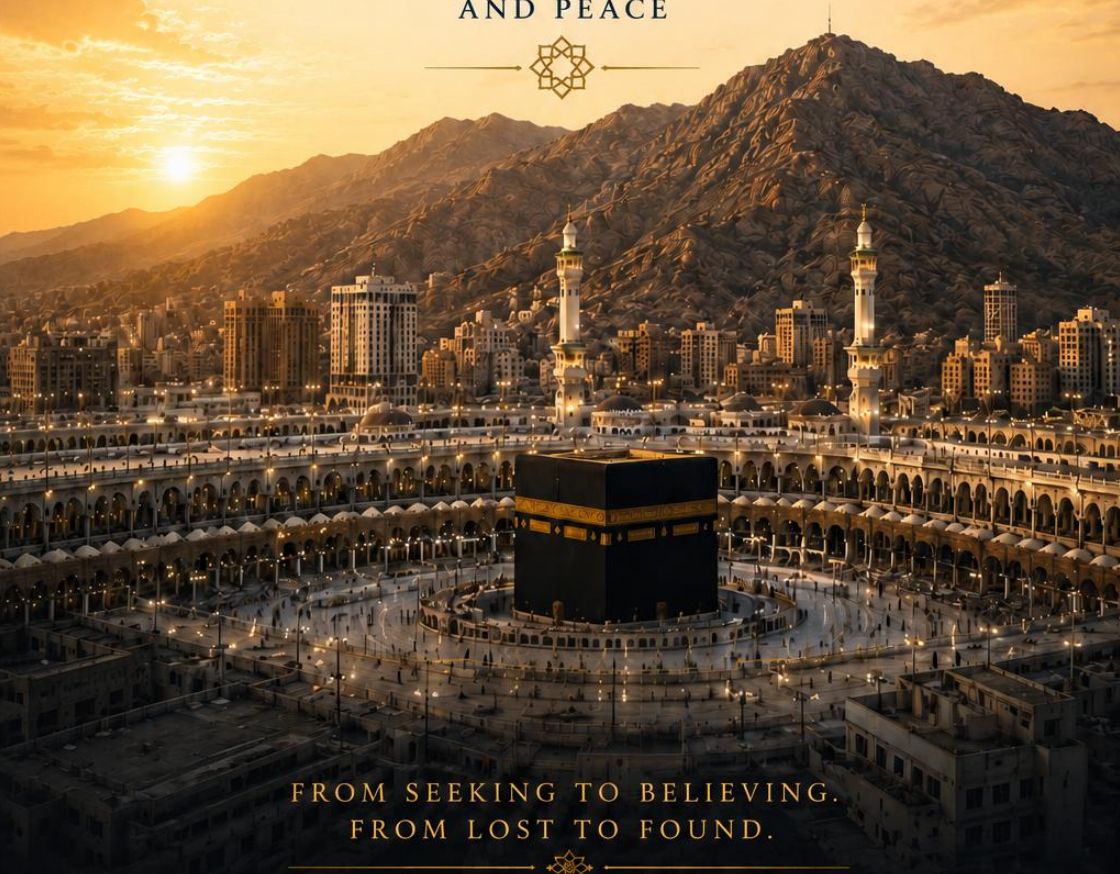


BOOK

1

MY JOURNEY TO ISLAM

A PATH OF TRUTH, PURPOSE
AND PEACE



FROM SEEKING TO BELIEVING.
FROM LOST TO FOUND.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Dear Readers,

Welcome to the first book in the *My Journey to Islam* series. We are delighted to have you join us on this exciting journey of learning about our beautiful religion, Islam.

In this book, you will learn the basic beliefs that every Muslim should know. These beliefs help us understand who Allah سبحانه وتعالى is, why He created us, and how we should live our lives according to His guidance.

You will learn about Allah سبحانه وتعالى, His Prophets عليهم السلام, His Angels, His Books, and more of the foundations of Islam.

May Allah سبحانه وتعالى bless you with beneficial knowledge and make this journey a means of success in this world and the Hereafter. Aameen.

Let us begin our Journey to Islam together!

Five Pillars of Islam

Shahada (Belief):

We say and believe, *"There is no god but Allah, and Muhammad (ﷺ) is His Messenger."*

This is what makes someone a Muslim.

Salah (Prayer):

We pray to Allah five times every day. This helps us remember Allah and thank Him.

Zakah (Giving):

We give a small part (2.5%) of our wealth (money etc) to those who are poor and in need.

Sawm (Fasting):

During the day in Ramadan, we do not eat or drink. We do this to please Allah as this is his command.

Hajj (Journey to Makkah):

We visit the holy city of Makkah once in our life, if we are healthy and able to afford it.

Table of Contents

Chapter 1: Who is Allah?	4
Chapter 2: Our Belief in Prophets	5
Chapter 3: The Angels	10
Chapter 4: The Books of Allah.....	11
Chapter 5: Qadr	13
Chapter 6: The Day of Judgment.....	15
Chapter 7: Basic Rules for Life.....	16
Chapter 8: The Pillars of Islam	17
Chapter 9: A Few Important Sunnats.....	18
Chapter 10: A few daily Duas	19
Glossary	20

Chapter 1: Who is Allah?

Allah is our Creator and Sustainer. He created everything that exists, from the stars in the sky to the fish in the sea. Allah is One and has no partner. He has no parents and he has no children. There is no one and nothing like Him, he does not eat and does not sleep. He alone should be worshiped.

What we believe about Allah:

- Allah has no beginning and no end.
- Allah sees, hears, and knows everything.
- Allah doesn't get tired, hungry, or sleepy.
- Allah loves us and takes care of us.

Dua:

"Oh Allah, make us strong in our Deen and help us live as good Muslims. Aameen." آمين



Chapter 2: Our Belief in Prophets

Allah sent Prophets to teach people how to worship Allah alone and live a life which will please Allah.

Prophets are the best of all people. They always obeyed Allah and taught others to follow His commands.

The last and greatest of all the Prophets is Prophet Muhammad ﷺ. He is our guide, and we follow his Sunnah.

Prophet Adam عليه السلام

The First Man and First Prophet

Allah Ta'ala created Adam عليه السلام from clay and gave him life. He was the first human being and the first Prophet.

Allah Ta'ala taught Adam عليه السلام many things and honoured him with knowledge.

To show the special status of Adam عليه السلام, Allah Ta'ala commanded the angels to prostrate before him as a sign of respect and honour.

All the angels obeyed the command of Allah Ta'ala. However, Iblees refused to do so because of his pride and arrogance.

As a result, he was cursed and became an enemy to Adam عليه السلام and all of his descendants.

Allah Ta'ala placed Adam عليه السلام in Jannah and blessed him with many comforts.

Later, Allah Ta'ala created Hawwa عليها السلام to be his companion. They lived peacefully in Jannah and were free to enjoy its many blessings.

Allah Ta'ala permitted them to eat from all its fruits except one particular tree and instructed them not to go near it.

Shaitaan wished to mislead Adam عليه السلام and Hawwa عليها السلام. He whispered to them and deceived them until they eventually ate from the tree.

As soon as they realised their mistake, they felt deep regret and turned to Allah Ta'ala in sincere repentance. They admitted their error and begged Allah Ta'ala for forgiveness.

Allah Ta'ala, in His great mercy, accepted their repentance and forgave them.

Thereafter, Allah Ta'ala sent Adam عليه السلام and Hawwa عليها السلام to live on the earth.

This was part of Allah Ta'ala's wisdom and plan, for the earth would become the home of mankind, where people would worship Allah Ta'ala and be tested through their actions.

Lesson: The story of Adam عليه السلام teaches us that every human being can make mistakes. However, the best people are those who sincerely repent, seek the forgiveness of Allah Ta'ala, and strive to obey Him.

Allah Ta'ala is Most Forgiving and Most Merciful.

Prophet Nuh عليه السلام

The Prophet of Patience and Perseverance

Allah Ta'ala sent Nuh عليه السلام to guide his people when they had turned away from the worship of Allah Ta'ala and begun worshipping idols.

Nuh عليه السلام called them to worship Allah Ta'ala alone and reminded them that He is the Creator, Sustainer, and Lord of all creation.

Nuh عليه السلام preached to his people with great patience and sincerity. He called them during the day and at night, in public and in private. He encouraged them to seek forgiveness from Allah Ta'ala and warned them about the consequences of rejecting the truth.

Despite his efforts, most of his people refused to listen. They mocked him, rejected his message, and remained stubborn in their disbelief.

For many years, Nuh عليه السلام continued inviting his people towards Allah Ta'ala.

When they persisted in their rejection, Allah Ta'ala informed him that a great flood would come upon the land. Allah Ta'ala commanded Nuh عليه السلام to build a large ark under His guidance and protection.

Nuh عليه السلام immediately obeyed the command of Allah Ta'ala and began building the ark.

Whenever the people passed by him, they laughed at him and made fun of him. However, Nuh عليه السلام remained patient and continued his work, trusting completely in Allah Ta'ala.

When the command of Allah Ta'ala came,

Nuh عليه السلام was instructed to take the believers into the ark, together with pairs of animals.

Soon, rain began to pour from the sky, and water gushed forth from the earth. The floodwaters continued to rise until the land was covered.

Allah Ta'ala protected Nuh عليه السلام, the believers, and the animals inside the ark.

Those who had rejected the message of Allah Ta'ala were drowned in the flood.

Even one of Nuh عليه السلام sons refused to believe and chose not to board the ark. He thought he could save himself, but he too was overcome by the flood.

After some time, Allah Ta'ala commanded the earth to swallow its water and the sky to stop raining.

The floodwaters gradually receded, and the ark came to rest upon Mount Judi.

Nuh عليه السلام and the believers safely left the ark and thanked Allah Ta'ala for His mercy and protection.

Nuh عليه السلام continued to guide the believers and teach them to worship Allah Ta'ala alone.

Lesson: The story of Nuh عليه السلام teaches us to remain patient, trust in Allah Ta'ala, and remain firm upon the truth even when others oppose us.

Allah Ta'ala helps and protects those who sincerely believe in Him and obey His commands.



Chapter 3: The Angels

Angels are special creations of Allah Ta'ala. He created them from light and made them pure and obedient. They never disobey Allah Ta'ala and always follow His commands perfectly. Even though we cannot see them, we believe in them because Allah Ta'ala told us about them, and believing in angels is an important part of our faith.

Some important angels عليه السلام:

- **Jibrael:** Brought messages to the Prophets.
- **Mikaeel:** Brings rain and looks after the earth.
- **Israfeel:** Will blow the trumpet on the Day of Judgment.
- **Malak-al-Maut:** The angel of death.

Allah chose certain Angels to record everything we say and do, even the smallest of deeds.

Allah سبحانه وتعالى says:

"Indeed, over you are appointed angels, noble and recording; they know whatever you do."

(Surah Al-Infitar 82:10-12)

Lesson

The angels appointed by Allah سبحانه وتعالى record our words and actions every day. This reminds us to speak kindly, do good deeds, avoid sins, and always remember that Allah knows and sees everything we do.

Chapter 4: The Books of Allah

Allah سبحانه وتعالى sent divine books to guide mankind towards the truth. These books contained guidance, wisdom, and laws to help people worship Allah correctly and live righteous lives.

The Prophets عليهم السلام conveyed these revelations to their nations and taught them to follow the commands of Allah.

As Muslims, we believe in all the books that Allah revealed to His Prophets.

Although some of the earlier scriptures were altered or lost over time, we believe that they were originally revealed by Allah as guidance for their people.

The final and greatest of these books is the Qur'an Majeed.

Allah revealed it to Prophet Muhammad ﷺ through the angel Jibreel عليه السلام.

The Qur'an is the final revelation from Allah and remains preserved exactly as it was revealed more than fourteen hundred years ago.

Allah سبحانه وتعالى says:

"Indeed, it is We who sent down the Reminder, and indeed, We will surely preserve it."

(Surah Al-Hijr 15:9)

Among the books revealed by Allah are:

- **The Taurah** – Revealed to Prophet **Musa** عليه السلام.
- **The Zabur** – Revealed to Prophet **Dawood** عليه السلام.
- **The Injil** – Revealed to Prophet **Isa** عليه السلام.
- **The Qur'an** – Revealed to Prophet **Muhammad** ﷺ.

The Qur'an is a complete guide for all of mankind until the Day of Judgment. It teaches us what to believe, how to worship Allah, how to treat others, and how to live a life that is pleasing to Him.

Lesson

- Allah sent divine books to guide mankind towards the truth.
- Muslims believe in all the books originally revealed by Allah.
- The Qur'an is the final revelation and has been preserved by Allah.
- The Qur'an is a source of guidance, mercy, and wisdom for all people.
- By reading, understanding, and acting upon the Qur'an, we draw closer to Allah سبحانه وتعالى and strengthen our faith.

Chapter 5: Qadr

(The Divine Decree of Allah)

Qadr means that Allah سبحانه وتعالى knows everything and that everything happens according to His knowledge, wisdom, and decree.

Allah knows what has happened in the past, what is happening now, and what will happen in the future.

Nothing occurs except by His permission and perfect wisdom.

Belief in Qadr is one of the pillars of Imaan.

A believer trusts that whatever Allah decrees is based upon His infinite knowledge and wisdom, even when we do not fully understand it.

Allah سبحانه وتعالى says:

"Indeed, We created all things according to a decree."

(Surah Al-Qamar 54:49)

The Prophet ﷺ said:

"That you believe in Allah, His angels, His books, His messengers, the Last Day, and that you believe in Divine Decree (Qadr), both its good and its difficult aspects."

(Sahih Muslim)

When something good happens, we should thank Allah and recognise that every blessing comes from Him.

Alhamdulillah
(All praise is for Allah)

When we experience a difficulty, loss, or sadness, we should remain patient and remember that everything belongs to Allah and returns to Him.

Inna lillahi wa inna ilayhi raji'un
Indeed, we belong to Allah, and indeed to Him we shall return.

The Prophet ﷺ taught us that a believer benefits in every situation. If something good happens, he is grateful, and if a hardship befalls him, he remains patient. In both situations there is goodness for him. (Sahih Muslim)

Lesson

- Every blessing comes from Allah سبحانه وتعالى and deserves our gratitude.
- Difficulties and challenges are part of Allah's plan and contain wisdom.
- A believer responds to blessings with gratitude and to hardships with patience.
- Trusting in Allah's decree brings peace to the heart and strengthens our faith.

Chapter 6: The Day of Judgment

One day, everyone will stand before Allah to be judged. Allah will look at everything we did in our lives.

If our good deeds outweigh our bad deeds, we will enter Jannah (Paradise), by the mercy of Allah سبحانه وتعالى.

We will be questioned and we will have to answer for all our actions and life choices good or bad unless Allah decides not to question us for it due to some good deed performed.

Jannah

Jannah is a beautiful place with rivers, gardens, and everything we could ever wish for. It is the eternal home that Allah has prepared for those who believe in Him and obey His commands.

There will be no sickness, sadness, fear, or hardship in Jannah. Its people will live in complete happiness, peace, and comfort forever.

The greatest blessing of Jannah will be the pleasure of Allah سبحانه وتعالى. Every believer should strive to earn Jannah by believing in Allah, performing good deeds, and following the teachings of Prophet Muhammad ﷺ

Chapter 7: Basic Rules for Life

Islam teaches us the best way to live and helps us become better people every day.

Here are some important rules to follow:

- Always tell the truth.
- Pray your five daily Salah on time.
- Be kind and respectful to your parents.
- Treat your teachers and elders with respect.
- Be helpful and caring towards others.
- Keep your body, clothes, and surroundings clean.
- Speak politely and avoid hurtful words.
- Share with others and help those in need.
- Remember Allah and thank Him for His blessings.

Lesson

Following these simple rules helps us earn the pleasure of Allah سبحانه وتعالى, develop good character, and become a source of benefit to those around us.

Chapter 8: The Pillars of Islam

These are the five things every Muslim must do:

- **Shahadah:** Believing in Allah and His Prophet.
- **Salah:** Praying five times a day.
- **Zakah:** Giving money (2.5%) to the poor.
- **Sawm:** Fasting in Ramadan.
- **Hajj:** Going to Makkah once in a lifetime if we can.

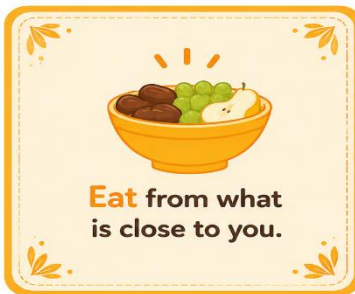


Chapter 9: A Few Important Sunnats

The Sunnah is the way of life of our beloved Prophet Muhammad ﷺ. It is how he lived, and we should follow this way of life as our guide.

Here are some Sunnats for eating:

- Say **Bismillah** before you eat.
- Use your **right hand** when eating or drinking.
- Eat from what is closest to you.
- Say **Alhamdulillah** after you finish.



Chapter 10: A few daily Duas

Here are a few short duas to memorize:

Before eating:

بِسْمِ اللَّهِ وَعَلَى بَرَكَاتِهِ

Bismillah wa 'ala barakatillah

Before sleeping:

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

Allahumma Bismika amutu wa ahya

After waking up:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdulillahiladhi ah yana bada ma amaa tana wa ilayhin-nushoor

Conclusion

You have now learned the basic beliefs of a Muslim. Always remember, Allah loves those who try their best to obey Him.

Glossary

سبحانه وتعالى

Subhanahu Wa Ta'ala

Glory be to Allah

ﷺ صلى الله عليه وسلم

Sallahu Alayhi Wa Salam

May Allah's mercy and peace be upon him

عليه السلام

Alayhi Wa Salam

Peace be upon him

رضي الله عنه

Radiyallahu Anhu

May Allah be pleased with him

رضي الله عنها

Radiyallahu Anha

May Allah be pleased with her

آمين

Aameen

O Allah, answer (our prayer)

NB:

Please consult a qualified Aalim before acting upon any ruling in this book, as certain matters require proper scholarly guidance to be correctly understood.

Any errors, omissions, or shortcomings found in this publication are solely due to our own limitations and deficiencies. We seek the forgiveness of Allah سبحانه وتعالى for any mistakes that may have occurred and ask Him to accept this humble effort, overlook its shortcomings, and make it beneficial for all who read it.

We humbly request your du'aas for all those who contributed towards the research, preparation, publication, and distribution of this book. We also ask Allah سبحانه وتعالى to grant us sincerity (ikhlaas), steadfastness (istiqamah), beneficial knowledge, and acceptance (qubool) in all our efforts.

May Allah سبحانه وتعالى make this publication a means of guidance, benefit, and ongoing reward (sadaqah jaariyah) for all those who contributed towards its preparation and publication, as well as for our parents, teachers, and all its readers.

May He accept this humble effort, forgive our shortcomings, shower His mercy upon us, our parents, our teachers, and the entire Ummah of Prophet Muhammad ﷺ. آمِينَ يَا رَبَّ الْعَالَمِينَ

For any queries, corrections, or suggestions, please contact:
[**salaamatpublications@gmail.com**](mailto:salaamatpublications@gmail.com)

Salaamat Publications Team

MY
JOURNEY
— TO —
ISLAM

